

# FDI's Definition of Oral Health

## VISION 2020



# FDI's definition of oral health

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**Oral health is multi-faceted and includes the ability to speak, smile, smell, taste, touch, chew, swallow and convey a range of emotions through facial expressions with confidence and without pain, discomfort and disease of the craniofacial complex.**

# Further attributes of oral health

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## Oral health:

- **is a fundamental component of health and physical and mental well-being. It exists along a continuum influenced by the values and attitudes of individuals and communities;**
- **reflects the physiological, social and psychological attributes that are essential to the quality of life;**
- **is influenced by the individual's changing experiences, perceptions, expectations and ability to adapt to circumstances.**

# Framework for the oral health definition

